



Chautauqua County
Department of
Mental Hygiene

Mobile Crisis Team (MCT)

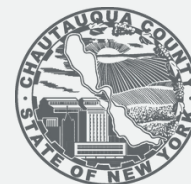
*Assisting individuals in crisis
with supports and services*

Our Purpose

To promote the emotional and physical wellness of the community and to empower individuals in their recovery from the challenges of physical and mental illness and addiction.

716-363-3684

- C** Call friends, family or crisis help line
- R** Remember the ones that love you and that you love
- I** Initialize support and help
- S** Self-Talk, know that you will get through this
- I** Inhale and Exhale, breathing helps!
- S** Step out, Enjoy a walk while you are relaxing



REV.09-2024

About the Mobile Crisis Team

A Mobile Crisis Team (MCT) is a group of behavioral health professionals including a social worker and peer specialist who can provide care and short-term management for people who are experiencing a behavioral/mental health crisis.

The Mobile Crisis Team responds throughout Chautauqua County.

The Mobile Crisis Team responds to referrals Monday - Friday between 8 am and 4:30 pm and can be reached at **716-363-3684** or dial **988** to reach the National Suicide and Crisis Lifeline. **988** is available 24/7.

The goal is to provide an in-person visit within two hours of receiving a referral. Additional services after 4:30 pm and on weekends are available through the hotline at **1-800-724-0461**



Request a Team

You can request help from a Mobile Crisis Team if you are concerned about a family member, friend or acquaintance who is experiencing, or at risk of, a psychological crisis. You can also request a team for yourself. To do so call the Mobile Crisis Team (MCT) at **716-363-3684**.



Services Provided

The Mobile Crisis Team can provide short-term mental health service, intervention and follow-up to help people remain connected with treatment providers. The teams may offer a range of services, including:

- Assessment
- De-escalation
- Crisis Intervention
- Supportive Counseling
- Information and Referrals *

**referrals are to community-based mental health services*

Transport to Hospital ED

If a Mobile Crisis Team determines that a person in crisis needs further psychiatric or medical assessment, they can arrange for that person to be transported to a local hospital that provides psychiatric evaluations.

SCAN
ME



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