



Chautauqua County
Department of
Mental Hygiene

Mobile Transition Team (MTT)

*Connecting clients to long
term community resources*

Our Purpose

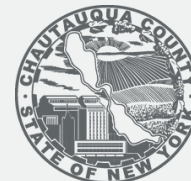
To promote the emotional and physical wellness of the community and to empower individuals in their recovery from the challenges of physical and mental illness and addiction.

MTT Clinician

716-661-8872

MTT Peer Advocate

716-661-8871



About the Mobile Transition Team

The Mobile Transition Team (MTT) is a temporary service comprised of a mental health clinician and a peer advocate.



The MTT offers:

- Confidential in-home mental health assessment
- Short-term therapy, peer support and case management
- Wellness checks
- Referrals to counseling
- Linkage to community resources
- Support for ages 18 and up

MTT goals are to stabilize clients, reduce inpatient hospitalizations and provide linkage to outpatient mental health services and community resources.

Services Provided

MTT provides services in home, community, or office settings for people who are experiencing mental health symptoms and need additional support.

MTT can provide several interventions including:

- Traditional talk therapy
- Cognitive behavioral therapy
- Mindfulness and coping strategies
- Peer support
- Completion of a wellness action plan
- Tours of local peer services, including Eagle's Nest Respite and Mental Health Association
- Creative arts therapies
- Other therapies to help stabilize the client in the community
- Support needed to complete linkage to services

Referral, appointment and assessment information

MTT is available to help people build bridges to long-term resources in their communities.

MTT typically makes contact within 24-72 hours of the initial referral. Referrals are accepted from inpatient or outpatient mental health providers, social service programs, law enforcement, family members or self-referral.

MTT performs an initial interview to determine each client's specific needs and goals, with the primary goal of linkage to on-going treatment and community resources.

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Get Connected

