

3

QUICK TIPS *for parents* of school-age kids

It is our goal, as your local Health Department to provide useful information to prevent, promote and protect you and your family's health and wellness.

Radon and Your Health



1

Common in Chautauqua County, radon occurs naturally and is a colorless, odorless gas. It can accumulate in basements and lower floors. Over time, breathing high levels of radon can cause lung cancer. **Learn more about radon and request a FREE TEST KIT.**

[Radon Activity Book](#)



More about radon



Death of Pets

2

Losing a pet can be extremely painful. Many of us share an intense love and bond with our animal companions. For us, a pet is not “just a dog” or “just a cat,” but rather a beloved member of our family, bringing companionship, fun, and joy to our lives. The Humane Society offers great advice on how to take care of yourself and family members while mourning the loss of a pet. They explain the grief process, how to cope with grief, helping children understand pet loss, and advice on getting another pet.



Advice from the Humane Society



Lead Poisoning Prevention

3

Over 85% of homes in Chautauqua were built prior to 1978. Our children are at high risk for lead poisoning. Our Lead Poisoning Prevention Team will check for lead paint in any pre-1978 built home in Chautauqua County where a child under 6 spends 6 or more hours per week. Children should also be tested for lead at ages one & two, as well as anytime it is believed they have been exposed to lead. **Lead paint poisons kids and can cause permanent learning and behavior problems.**



Learn more about lead here



@HealthyCHQ
www.HealthyCHQ.com

7 N. Erie Street, Mayville, New York
Phone: 716-753-4312