5/13/2020 COVID-19 Updates

No New Cases of COVID-19 in Chautauqua County Today

Chautauqua County statistics:

- 44 confirmed cases;

- 7 active cases - continue to recover under orders of the Local Health Official per NYS Public Health Law;

- 33 recovered cases;

- 4 deaths;

- 129 cases under quarantine/isolation orders by the Public Health Director and being monitored. Not all of those being monitored are confirmed to have COVID-19 but have either shown symptoms, are awaiting results, or have risk factors; and

- 1,628 negative test results to date.

MAY IS MENTAL HEALTH AWARENESS MONTH

Millions of people in the U.S. are affected by mental illness each year. It's important to measure how common mental illness is, so we can understand its physical, social and financial impact — and so we can show that no one is alone. These numbers are also powerful tools for raising public awareness and decreasing stigma related to mental illness:*

- 1 in 5 U.S. adults experience mental illness each year;
- 1 in 25 U.S. adults experience serious mental illness each year;
- 1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year;
- 50% of all lifetime mental illness begins by age 14, and 75% by age 24; and
- Suicide is the second leading cause of death among people aged 10-34.

The top three mental health conditions are anxiety disorders, major depressive episodes, and posttraumatic stress disorder.

Having a mental illness can make it challenging to live everyday life and maintain recovery. Mental illness has a ripple effect on the person, family, and community:

PERSON

- People with serious mental illness have an increased risk for chronic disease, like diabetes or cancer;

- 19% of U.S. adults with mental illness also experience a substance use disorder;
- The rate of unemployment is higher among U.S. adults who have mental illness compared to those who do not;
- High school students with significant symptoms of depression are more than twice as likely to drop out compared to their peers.

FAMILY
- At least 8.4 million people in the U.S. provide care to an adult with a mental or emotional health issue;
- Caregivers of adults with mental or emotional health issues spend an average of 32 hours per week providing unpaid care.

COMMUNITY
- Mental illness and substance use disorders are involved in 1 out of every 8 emergency department visits by a U.S. adult;
- Mood disorders are the most common cause of hospitalization for all people in the U.S. under age 45 (after excluding hospitalization relating to pregnancy and birth);
- Across the U.S. economy, serious mental illness causes $193.2 billion in lost earnings each year;
- 20.1% of people experiencing homelessness in the U.S. have a serious mental health condition;
- 37% of adults incarcerated in the state and federal prison system have a diagnosed mental illness;
- 70.4% of youth in the juvenile justice system have a diagnosed mental illness;
- 41% of Veteran's Health Administration patients have a diagnosed mental illness or substance use disorder;
- Depression is the leading cause of disability worldwide.

Mental health treatment — therapy, medication, self-care — has made recovery a reality for most people experiencing mental illness. Although taking the first steps can be confusing or difficult, it is important to start exploring options. The Chautauqua County Department of Mental Hygiene has many resource guides accessible on its website to help you find the treatment option that is right for you: https://chqgov.com/mental-hygiene/Mental-Hygiene

*This information comes from studies conducted by organizations like Substance Abuse and Mental Health Services Administration (SAMHSA), Centers for Disease Control and Prevention (CDC) and the U.S. Department of Justice.

Link to Chautauqua County COVID-19 Map:
https://chautauquacounty.maps.arcgis.com/apps/opsdashboard/index.html?fbclid=IwAR0BI1iurvgpGgj5X5pWKfV80bf_1D9gBaoJ3eFA24VXQ3PVLvbqyssNATM#/012d07321ad6415c8cf17c4f673643c9

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